



# South African Powerlifting Federation

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## 2024 World Subjunior and Junior Powerlifting Championships – Manager’s Report

The 2024 World Subjunior and Junior Classic and Equipped Powerlifting Championships was held from 28 August to 8 September in St Pauls, Malta. In the South African team we had 12 lifters, 6 female and 6 male, with 5 Subjuniors and 7 Junior lifters.

Team South Africa won 2 Bronze medals, and set 13 South African National records, 2 Commonwealth records, and 24 African records.

### Overall Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2024/world-sub-junior-and-junior-classic-equipped-powerlifting-championships-2024>

### Detailed Results

Below are the detailed results for Team SA :

President : Johan Smith  
Vice President (I) : Heather Leighton  
Vice President (N) : Andre Ludik  
Treasurer : Gail McKenzie-Kerr  
Secretary General : Cliff Hayim

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EQUIPPED POWERLIFTING	Gender	Age Cat	Weight Cat	Squat	Bench	Deadlift	Total	Medal /Place	Records
Nicole Hasell	Female	Junior	57kg	150	90	160	400	6th	SA Junior SQ, DL and Tot records, African Junior SQ, BP, DL, Tot and BP-only records African Open SQ, BP, DL, Tot and BP-only records
Chante Mulder	Female	Subjunior	69kg	-	95	142.5	-	-	Bronze Bench Press medal SA SJ and Jun BP-only records African SJ and Jun BP-only records Commonwealth SJ and Jun BP-only records
Justin Furman	Male	Junior	120kg	342.5	175	310	827.5	4th	Bronze Deadlift medal SA Jun SQ record African Jun SQ, BP, DL, Tot and BP-only records African Open SQ, BP, DL and Tot records

CLASSIC POWERLIFTING	Gender	Age Cat	Weight Cat	Squat	Bench	Deadlift	Total	Medal /Place	Records
Charlton Chung	Male	Subjunior	59kg	125	80	155	360	14 <sup>th</sup>	
Charnleigh Kotze	Female	Junior	69kg	155	95	177.5	426.5	14 <sup>th</sup>	SA Junior SQ, BP, DL, Tot and BP-only records SA Open SQ and Total records African Junior SQ, BP, DL, Tot and BP-only records African Open SQ and Total records
Stephanie Jones	Female	Junior	69kg	122.5	70	150	342.5	20 <sup>th</sup>	
Marianka Fourie	Female	Junior	76kg	130	65	160	355	18 <sup>th</sup>	
Ewan Boshoff	Male	Subjunior	83kg	200	140	240	580	18 <sup>th</sup>	
Szethyn Fulop	Male	Subjunior	93kg	175	127.5	220	522.5	23 <sup>rd</sup>	

Jethro Shaw	Male	Junior	83kg	222.5	145	275	642.5	26 <sup>th</sup>	
Matthew Palmer	Male	Junior	83kg	217.5	130	255	602.5	27 <sup>th</sup>	
Ava Bezuidenhout	Female	Subjunior	84kg	122.5	55	127.5	305	9 <sup>th</sup>	African SJ Squat record

## Referees and Officials

Referees and Jury: The following SA referees officiated as Referees and on the Jury during the championship.

Hannie Smith

Ian Furman

Heather Leighton (September 2024)